

PSHE – Relationships

Health and Wellbeing

At Claregate we understand and can explain how to keep ourselves and others happy and healthy.

Relationships

At Claregate we listen to and respect other people's beliefs.

Living In the Wider World

At Claregate we understand how the world works and how to look after it.

What should I already know?

Friends

Play with us.

Choose to be our partners.

Listen to us.



Share with us.

Compliment us.

Make us laugh.

Family



Families come in all shapes and sizes, but it is love that makes them all the same.

What am I going to learn?

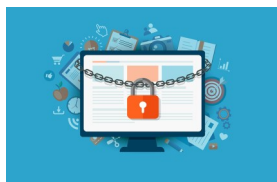
Respect means thinking about other people and their feelings.

We can show respect in many ways such as:

listening	taking turns	following rules
being kind	including others	using our manners
asking questions	being helpful	working hard

We can learn ways to try to deal with disagreements and 'falling outs' that might happen in our family life.

This might involve talking to each other about what happened and how we feel about it, listening to others and making a compromise to find a solution or to move forward.



Keeping certain information private is important to keep yourself and your friends and family safe.



Sitting or standing too close to other people might be uncomfortable for them.

Key Vocabulary

Definition

Relationships	How two or more people are connected.
Respect	Treating others the way you want to be treated.
Conflict	A disagreement or argument.
Personal	Things related to yourself.
Private	Information that should not be shared.
Boundaries	Limits we set in relationships.

Class Rules

1. Always listen to the person who is talking.
2. Be kind! Show respect and tolerance.
3. What is said in the room, stays in the room
4. Show your manners.

Safeguarding

Miss Evans is in charge of keeping me safe at Claregate.

Mrs. Fielding, Mr. Saunders and Mr. Murphy help her to do this.

If I feel worried about something in school, I can talk to *Mr Bird, Mrs Coates and Mrs Hayward.*