

# PSHE — Living in the Wider World

## Health and Wellbeing

At Claregate we understand and can explain how to keep ourselves and others happy and healthy.

## Relationships

At Claregate we listen to and respect other people's beliefs.

## Living In the Wider World

At Claregate we understand how the world works and how to look after it.

### What should I already know?

Features of strong communities (i.e. football, guides etc.).  
The concepts of shared responsibility and field of influence in relation to community.  
The importance of being respectful and discuss difference sensitivity.  
The importance of communicating positively online.  
That content/profiles online are public and be fake.  
Smart ways of keeping money safe.

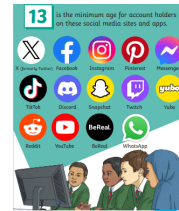
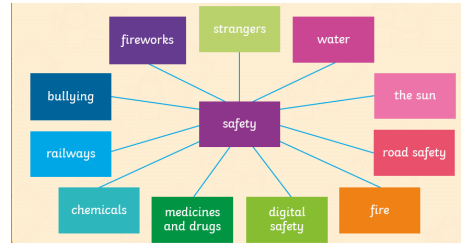


### What am I going to learn?

**Keeping safe in different situations**— The risk of a hazard causing us harm can be greatly reduced by taking action to remove or alter the hazard. It is the responsibility of us all to take action to keep ourselves and others safe. Action we could take might include putting things away or out of reach, turning off electrical appliances, following directions or just being more aware of our surroundings.

**Types of media and how content is targeted**— When people talk about the media, they are referring to different ways of communicating information to a large number of people. There are many different media types, such as newspapers and television that share information. The information we receive can be misleading though. It's sometimes known as fake news. The media communicates information to people all around the world. This is known as mass media

**The role of social media and its impact**— Social media refers to websites and apps that let people chat and share information, opinions, photos and videos. Using social media sites and apps can be a great way to keep in contact with friends and family. A lot of social media sites have age restrictions so you shouldn't have an account until you reach a certain age.



**Potential job interests and aspirations**— Aspirations are our hopes or dreams of achieving something. If we have clear aspirations, it can help us plan to achieve our goals. If we can aspire to do or be something, it can help us to work out what steps to take to get there. It can also help to keep us motivated when things don't go according to plan.



**The need to protect the environment** - We need to conserve our environment so that everyone can get the things they need to live a healthy and happy life. Because if we look after our environment, our environment will look after us.

### Key Vocabulary

### Definition

Targeted information	Directed at a particular group or activity
media	A way of passing on information to many people in a society.
Types of media	Different types of media include television, radio, newspapers, magazines, and the Internet.
aspirations	A hope or an ambition of achieving something.
influence	Have an effect on the character, development, or behaviour of someone or something.
stereotypes	An often unfair and untrue belief that many people have about all people or things with a particular characteristic.
sex	Male or female
gender	How you identify

### Class Rules

1. Keep conversations in the room.
2. Listen to the person speaking.
3. Respect one another.
4. No judgements



### Safeguarding

Miss Evans is in charge of keeping me safe at Claregate. Mrs. Fielding, Mr. Saunders and Mr. Murphy help her to do this. If I feel worried about something in school, I can talk to Miss MacPherson, Mr Batty, Mrs Dosanjh or Miss Haden.

