

PSHE – Living in the wider world

Health and Wellbeing

At Claregate we understand and can explain how to keep ourselves and others happy and healthy.

Relationships

At Claregate we listen to and respect other people's beliefs.

Living In the Wider World

At Claregate we understand how the world works and how to look after it.

What should I already know?

To be able to describe similarities and differences between people's lives. To be able to identify opinions that are different from their own. To express your own express their own opinions. To recognise that your actions impact on people. To know what climate change is. To know there are organisations working to help people in challenging situations in other communities.

What am I going to learn?

That there are ways the Internet can help us nurture and strengthen our relationships. However, we should communicate online with the same respect we would show people when we see them in person.



There are many ways we can use the Internet. By understanding how using our devices affects our feelings, thoughts and behaviour, we can develop positive digital wellbeing. This means we can understand how we can use the Internet safely and responsibly in a way that works for us and protects our digital wellbeing and that of others as well. We can do this by keeping personal information private, not sharing photographs, using apps, games and videos that are appropriate for our age and that we have agreed with a trusted adult and by speaking to a trusted adult if anything worries us.

Key Vocabulary

Definition

law	like rules, laws are a set of instructions put in place to keep people safe, maintain order in society through good behaviour, and protect rights.
ethnicity	shared culture, customs and language
diverse society	society made up of many different types of people
discrimination	treat people unfairly based on who they are or how they chose to live
digital well being	recognise how our use of digital technology affects us and how we look after ourselves and others
respect	treating someone in a way that they know they are valued
drugs	a medicine or substance that can affect the body of the person. They can be legal or illegal.

Class Rules

1. Be kind
2. Respect each others opinions
3. Talk to people in a sensible manner
4. Listen to people.
5. No answer is a silly answer.

Safeguarding

Miss Evans is in charge of keeping me safe at Claregate.

Mrs. Fielding, Mr. Saunders and Mr. Murphy help her to do this.

If I feel worried about something in school, I can talk to a Year 6 teacher.